Case Management Cymru

BECKY RADSMA

CASE MANAGER

Becky is a case manager with extensive experience of working with a diverse client group across a variety of settings (inpatient and community), with clients who have a range of cognitive, emotional and behavioural difficulties, including ABI, Cerebral Palsy, learning disabilities and mental health conditions. In addition, Becky has worked with limb loss and orthopaedic injuries.

Becky is a calm, patient case manager able to build lasting therapeutic relationships with complex individuals, families and support teams.

She adopts a positive and flexible approach to rehabilitation and care planning. She is both enthusiastic and compassionate and used to working in a transdisciplinary way, with significant experience of coordinating and leading multidisciplinary teams.

Becky has excellent communication skills and is a meticulous record keeper and report writer. She is a highly organised individual, essential when managing a portfolio of clients with shifting priorities and often challenging behaviour.

Becky has experience of working across the age range, from adolescents to older adults. She enjoys taking a creative and person-centred approach, considering aids and adaptations for both physical and communication differences.

Becky’s previous experience includes the development of a specialist nurse role to bridge the gap between child and adult services for young people with complex emotional needs and high-risk behaviours.

Becky has provided clinical assessment, formulation and intervention to individuals with complex needs such as Autism, ADHD, PTSD/complex PTSD and learning difficulties. This involved collaborating and partnership working across sectors and services, supporting others to work with complex presentations and to manage risk.

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KEY SKILLS

- Welsh Speaker
- Experience of working with individuals with complex mental health needs including dual diagnoses; ABI, PTSD, ASD
- Ability to build and maintain positive relationships with challenging clients
- Excellent communication skills; verbal and written
- Positive and flexible approach to risk taking
- Significant experience of assessment and treatment formulation
- Goal setting and monitoring
- Working as part of an MDT
- Knowledge of local services across the statutory, private and voluntary sector

QUALIFICATIONS, REGISTRATIONS AND MEMBERSHIPS

- BSc Psychology
- MSc Advanced Practice (Community Health Studies)
- Dialectical Behaviour Therapy (Intensive level with additional training for use with teens and substance use disorders)
- BN Nursing (Mental Health)
- Member of the RCN
- Member of BABICM