



Case  
Management  
Cymru



## SARAH JONES

CASE MANAGER AND OT

Sarah qualified as an Occupational Therapist in 1988 and whilst much of her NHS career was spent working with adults with acquired brain injury, since becoming a private Case Manager in 2009, Sarah has developed her interest and skills working with children and young people with complex physical, behavioural and cognitive needs. These include children with Cerebral Palsy, Learning Disabilities, TBI and birth injuries.

Sarah began her career at the National Hospital for Neurology and Neurosurgery in London. On moving to Cardiff in the 90's, she spent time working in both community and in-patient rehabilitation settings; including 10 years at the regional ABI rehabilitation unit at Rookwood Hospital, Cardiff and then in 2001 joining the newly formed Community Brain Injury Team covering Cardiff, the Vale and Cwm Taff which she left in 2019 to become a full-time Case Manager.

In both settings Sarah enjoyed working as part of an MDT, gaining wide experience of individuals with complex needs, assessments, goal setting and delivering person centred rehabilitation in group and 1:1 settings.

As a Case Manager, Sarah has successfully worked with adults, young people and children and due to her ability to retain clients for the long term, has been rewarded in seeing them flourish and reach their full potential.

Sarah is able to build a rapport with all her clients, and vitally, understands the impact on their families, involving them whenever possible and providing them with the support they need.

Sarah is a warm, friendly professional who has a wide network of local services, therapists and clinicians to tap into and a thorough understanding of CHC and local authority funding in Wales. Additionally, Sarah is well equipped to help her clients navigate the complexity of the Welfare Benefit system and having worked at the Driving Assessment Centre in Cardiff, knows this service very well.



## KEY SKILLS

- Extensive experience of working with complex clients with ABI as an OT and Case Manager
- Extensive experience of Case Management for children and young people with complex needs
- Establishing a rapport with clients and their families and the provision of ongoing support
- Coordinating and managing an MDT
- The recruitment, induction and ongoing management of a Care Team
- Vocational Rehabilitation
- Developing rehabilitation programmes and goal setting
- Working creatively and collaboratively across sectors and services
- Extensive knowledge of local services, therapists and clinicians

## QUALIFICATIONS, REGISTRATIONS AND MEMBERSHIPS

- Health & Care Professions Council (HCPC) Registered
- Member of the British Association of Occupational Therapists (BAOT)
- BABICM Member
- IRCM Registered