



SAM MIGGINS

CASE MANAGER

Sam is an experienced Case Manager and qualified physiotherapist with a special interest in the rehabilitation of adults with Spinal Cord Injury (SCI). During her 16 years' experience working as a senior physiotherapist in a Spinal Cord Injury Rehabilitation Centre, she has also worked with adolescents and advised on rehabilitation plans for paediatric patients.

Sam has comprehensive knowledge of the complexity of SCI and importantly, the psychological impact of SCI on the individual and their family. Additionally, she has a good handle on the litigation process and appreciates the importance of supporting clients through this stressful and often lengthy period.

Her clinical experience has given her extensive knowledge of; multi-disciplinary team working; leading a clinical team; a problem-solving approach to rehabilitation; person-centred goal setting; managing challenging individuals and complex discharge planning. Sam has contributed to numerous CHC funding applications, along with joint health and social care packages.

Sam also has a special interest in functional electrical stimulation and has worked widely with assistive technology.

She is friendly and empathetic but also able to have difficult conversations with clients and their families, whilst retaining a positive working relationship.

Like all good case managers, Sam enjoys face to face contact with clients, but having a keen eye for detail, also relishes the report writing aspect of case management.

Her team leader experience which includes appraisals, supervisions, managing absence and recruitment, along with setting and monitoring objectives, means that she can ably support and manage a private care team.

As a Case Manager, Sam has worked with adults with SCI and multiple trauma injuries. She also currently works as a specialist SCI physiotherapist in a private rehabilitation clinic. Sam is a well-regarded clinician and has an established network of other specialist therapists and services across south Wales and beyond. Of particular interest, is her involvement with Morrello's Marvels para-cycling team.

To add another string to her professional bow, Sam is a qualified Expert Witness.

KEY SKILLS

- SCI specialist with extensive knowledge of the rehabilitation of adults with SCI
- Experience of complex discharge planning
- Managing challenging individuals
- Problem solving and goal setting

QUALIFICATIONS, REGISTRATIONS AND MEMBERSHIPS

- MSc in Physiotherapy
- Member of Chartered Society of Physiotherapy (MCSP)
- HCPC registered
- Member of MASCP
- Member of the Association of Chartered Physiotherapists in Neurology (ACPIN)
- Associate Member of CMSUK
- Expert Witness -Medico Legal Neuro-Physiotherapy