



SARAH BAILEY

CASE MANAGER

Sarah qualified as a Speech and Language Therapist in 1999 and since that time has worked in acute, rehabilitation and community settings with adults who have acquired a brain injury, often with co-existing orthopaedic and psychological injuries, as a result of trauma.

Between 2002 and 2005 Sarah worked in the Community Brain Injury Team (CBIT) as Senior Specialist SALT. CBIT are an NHS inter-disciplinary team providing assessment and intervention, in groups and 1:1. Concurrently and up until 2024, Sarah worked at the regional Welsh Neuropsychiatry Service, again as Senior Specialist SALT.

Alongside her work as an independent SALT and Case Manager, Sarah now works part time for the Cardiff and Vale Health Board Live Well Service, which was established in 2021 initially to meet the clinical needs of Long COVID, but which has since broadened its remit to work with other conditions such as Functional Neurological Disorder, Fibromyalgia, Chronic Fatigue Syndrome and chronic pain.

Sarah is a calm, compassionate professional who is unfazed by challenging behaviours and chaotic, fast-moving situations. She takes a pragmatic approach and is an excellent communicator, well used to quickly developing and maintaining positive relationships with clients and their families.

She is expert in the use of communication aides such as Talking Mats in goal setting and decision making, used frequently to support Mental Capacity Assessments and Best Interest decisions.

One of her areas of special interest is the development of accessible information and digital project management.

Sarah is used to working to deadlines and is a highly skilled assessor and report writer. Managing the conflicting priorities of a caseload is second nature to her, as she is organised and focused.

Sarah is well connected to a network of specialist therapists, medics, and services across all sectors, and is an effective interdisciplinary team coordinator. She has a great deal of experience in developing and implementing person-centred, highly individualised community rehabilitation programmes and works flexibly and creatively to ensure the client reaches their maximum potential.

KEY SKILLS

- Extensive experience of working with clients with ABI, including TBI
- Working with challenging behaviours/dual diagnoses
- Building and maintaining positive therapeutic relationships with clients and families
- Community rehabilitation programme development and implementation
- Communication aides/tools
- Developing accessible information
- Problem solving, flexibility and creativity
- Coordinating an MDT

QUALIFICATIONS, REGISTRATIONS AND MEMBERSHIPS

- BSc with Honours – Clinical Communication Studies (City University, London, 1999)
- MSc Brain Injury Rehabilitation (University of Wales, Swansea, Prof. Roger Wood 2007)
- Visiting Lecturer and External Examiner for Cardiff Metropolitan University, School of Speech and Language Therapy Studies (Mental Health Module)
- Post Grad Diploma, Leeds Metropolitan University in Epilepsy Care
- HCPC registered
- Member of the Royal College of Speech and Language Therapists
- Member of the following Clinical Excellence Networks:
 - South Wales & West Head Injury
 - National Head Injury
 - Adult Mental Health
 - Telehealth
 - Scotland Dysphagia
- Member of BABICM
- Member of Headway