

Job Description

Job Title:	(Ref: RA2) Rehabilitation Support Worker – Cardiff
Position Description:	Our client is a man in his early 40's who sustained a brain injury some years ago, resulting in a range of physical, cognitive and behavioural difficulties. In more recent time, he has been diagnosed with Type 2 Diabetes. Due to a recent change in his mobility, there will be a strong focus on physical rehabilitation. The client also experiences high levels of anxiety and periods of low mood, which can sometimes lead to feelings of irritability, anger, and frustration. Our client is looking for a calm, motivated, open-minded person to support and encourage them to carry out prescribed exercises on a regular basis. The ideal candidate will encourage and assist the client in completing prescribed exercises regularly, support them with household tasks, and promote engagement in community activities. You will also help with administrative duties and provide support in managing and attending medical appointments as needed. The successful candidate needs to be proactive to ensure our client takes advantage of every opportunity to improve and maintain his general wellbeing.
Salary:	£15.00 per hour
Hours:	10 hours per week
Location:	Cardiff
Responsible to:	Employer/Client
Reporting to:	Employer/Case Manager
Main Responsibilities:	• To understand and be mindful of the client's cognitive difficulties and endeavour to accommodate these. • Adopt a consistent approach with the client in accordance with prescribed methods to compliment the care and therapy aims recommended. • To provide support to the client's family whilst maintaining a positive and professional relationship. • To adhere to and contribute to the personal plan whilst acting in the best interest of the client. • To demonstrate empathy and understanding in an appropriate and professional manner. • To assist in all therapeutic activities as prescribed by and with supervision of MDT. • To work in collaboration with all colleagues including team members, at all times. • To be aware of significant changes in the client's health, functioning or behaviour and liaise with the family and case manager as appropriate. • To encourage the client's independence as far as possible. • To be aware of the client's vulnerability and take necessary steps to protect them. • Have a high regard for maintaining client confidentiality. • Respect the confidentiality and the rights of the client's family. • To be fully responsible for the client's needs when out in the community, on days out and during activities. • To ensure all plans, advice and guidelines are followed to meet the needs of the client. • Actively contribute to supervision sessions, team meetings and training days.

- To ensure all paperwork and records are completed and submitted accurately and on time.
- To organise and manage own time according to delegated workload.

Person Specification

Qualifications/Training	
Essential	Desirable
• To register with Social Care Wales (SCW). • Willingness to work towards or already have QCF/NVQ Level 2 (or equivalent) in Health & Social Care.	• Registered with SCW. • NVQ (or equivalent) in Health & Social Care Level's 2 or 3. • Recent training in First Aid, Health & Safety, Manual Handling, Safeguarding.
Knowledge/Skills/Abilities	
Essential	Desirable
• Good understanding of the needs of a client with cognitive, behavioural and physical difficulties. • Ability to develop and maintain productive and professional relationships. • Experience of working with clients who have an Acquired Brain Injury. • Experience of working with multi-disciplinary teams e.g. physiotherapist, occupational therapist, speech and language therapist and psychologist.	• Experience of working to and contributing to personal plans and risk assessment. • Experience of working with families. • Experience of working with multi-disciplinary teams e.g. physiotherapist, occupational therapist, speech and language therapist and psychologist.
Personal Requirements	
Essential	Desirable
• A full driving licence and use of a car (endorsements to be disclosed). • Motor Insurance to include business use. • Friendly, warm and patient with a proactive and encouraging approach. • Ability to deliver support in an inclusive, respectful manner ensuring the client's privacy and dignity is maintained. • Ability to work independently and use initiative. • Willingness to work flexibly. • Punctual, reliable and trustworthy. • Demonstrate a commitment to learning new skills. • Good verbal and written communication skills. • Good organisational skills and ability to follow instruction.	