



LLOYD DAVIES

REHABILITATION COACH/ASSISTANT CASE MANAGER

Lloyd is an experienced Rehabilitation Coach who has supported adults with both Mental Health diagnoses and Acquired Brain Injury, as part of the Cardiff and Vale Mental Health Physiotherapy Team and the Welsh Neuropsychiatry Service.

In both services, Lloyd was an essential member of a multidisciplinary team, delivering tailored rehabilitation programmes to clients with complex neuropsychiatric, cognitive, physical, behavioural, or mental health needs.

Previously, he tutored disengaged children and young people, leading group sessions focused on teamwork, confidence, physical activity, and re-engagement with education. He demonstrates the ability to independently manage a caseload and has experience in providing both individual and group interventions within inpatient and community settings. His understanding of the daily challenges faced by clients is invaluable to the MDT, and his intervention supports clients to carry over therapeutic strategies to their day to day lives which helps to optimise recovery.

Lloyd consistently demonstrates a person-centred approach and exhibits confidence and adaptability, developing positive relationships with both clients and colleagues. He possesses exceptional communication skills and maintains comprehensive records, articulating clinical decisions and interventions with clarity.

As a friendly, calm professional who copes well under pressure and in challenging, sometimes potentially confrontational situations, Lloyd understands that he is a role model, and it is key that he demonstrates positive behaviours and attributes.

Lloyd is a competitive golfer and is a keen footballer who plays and coaches in his spare time whilst also volunteering at a local dog's charity.

KEY SKILLS

- Ability to build positive relationships with clients
- Working as part of an MDT
- Working with disengaged young people
- Working with ABI and mental health
- Excellent communication skills
- Dealing with challenging situations and clients

QUALIFICATIONS & PROFESSIONAL MEMBERSHIPS

- Level 3 Personal Trainer and Level 2 Gym Instructor
- BSc in Sport and Exercise Science
- BABICM member
- Level 2 Safeguarding