



ALISTAIR BELL

CASE MANAGER AND OT

As an independent Case Manager and Occupational Therapist, Alistair has supported a diverse clientele, including individuals with traumatic brain injuries, amputations, spinal cord injuries, complex orthopaedic conditions, and mental health needs.

Before entering the independent sector, Alistair gained experience across community, inpatient rehabilitation, and acute care settings. After qualifying as an Occupational Therapist in 2014, he served as a Care Coordinator, conducting housing and care assessments in a culturally diverse area of North East London. His clients often presented with dual diagnoses, and many were on parole or engaging in substance misuse.

Between 2009 and 2014, Alistair worked as an Assistant Practitioner at the John Howard Centre for Forensic Mental Health in Hackney. In this role, he primarily supported women under restrictive legal sections who were receiving treatment for severe mental health disorders. His responsibilities included de-escalating aggressive or violent behaviour, facilitating positive change, developing life skills, leading group sessions, and providing sensitive male role modelling, especially when working with survivors of sexual abuse or domestic violence.

Until 2023, Alistair served as Major Trauma Rehabilitation Coordinator at Hywel Dda Health Board, where he worked in an environment focused on assessment, treatment, discharge coordination, and managing funding applications. The position also required effective listening and an open approach when assisting individuals and families after catastrophic injury, critical or acute care situations, and sudden death.

Alistair has experience conducting various assessments, including functional, cognitive, sensory, seating, and moving and handling assessments. He also carries out home assessments for individuals with complex disabilities, supports access to Disabled Facilities Grants (DFGs), and is involved with both standard and non-standard aids and adaptations.

Alistair quickly builds therapeutic relationships with clients and as a case manager is responsive, creative, and works collaboratively to set and monitor rehabilitation goals for optimal recovery and independence.

Alistair is organised, motivated, and has strong communication skills, with experience in supervision and training delivery.

KEY SKILLS

- Working in challenging environments including forensic mental health
- MSc modules in neuro rehabilitation
- Assessment and goal setting
- Complex trauma and orthopaedics
- Decision making and problem solving
- Multi-disciplinary and inter-agency working
- Excellent communication skills

QUALIFICATIONS & PROFESSIONAL MEMBERSHIPS

- MSc in Occupational Therapy
- Bachelor of Science (Hons), Occupational Therapy
- Member of British Association of Occupational Therapy
- HCPC registered
- Member of BABICM