



ROB MAY

ASSISTANT CASE MANAGER / REHABILITATION COACH

Rob has worked with people affected by acquired brain injury since 2001. First as an Occupational Therapy Technician with in-patient rehabilitation at Morryston Hospital, Swansea and then as a Rehabilitation Coach working with the Traumatic Brain Injury Service, Morryston.

When an OT technician he ran sessions with Burns and Plastics, Stroke and orthopaedic patients as well as ABI patients. The role involved assessment alongside the MDT, developing rehabilitation programmes, monitoring progress and feeding back to the MDT.

In addition, Rob spent time in the community where he was responsible for environmental risk assessments, aides and adaptations and ongoing monitoring/audits. He was also a Manual Handling Instructor and Hand Hygiene Trainer.

In his current TBIS role, Rob works with small groups and 1:1 with patients in a variety of settings, including carpentry workshops, Surfability, Bikeability, Down to Earth, Actif Woods and Men's Shed. Again he links into the wider MDT and clinicians and is highly skilled at building rapport, providing a listening ear, and supporting them with the challenges of rehabilitation and acceptance of the new normal.

Rob understands the myriad of ways brain injury affects individuals physically, cognitively, behaviourally and psychologically. He identifies and recognises areas of strength and areas of difficulty and adopts creative and bespoke strategies to engage the individual in their rehabilitation.

Prior to 2001, Rob had a varied career as a cabinet maker, a medical equipment service engineer which led him to the health and social care field and a time as mental health support worker.

Rob is a mature, warm and interesting professional who along with being flexible and adaptable is an excellent written and verbal communicator. His insight, knowledge and on the ground observations, contribute significantly to the MDT, which in turn leads to the client reaching their full potential.

KEY SKILLS

- Ability to build rapport with clients and families
- Contributing to an MDT
- Assessment and implementation of strategies
- Excellent communication skills
- Knowledge and understanding of ABI
- Ability to work autonomously and as part of a team
- Practical and organisational skills