



CATH JAMES

CASE MANAGER

Cath is a Case Manager with a wealth of experience as a Specialist Stroke OT and Lead OT attached to a cluster of GP Practices. She qualified as an Occupational Therapist in 2014 and prior to that was Lead Complimentary Therapist at Velindre Cancer Centre, Cardiff.

Cath is a skilled assessor, ensuring that the client's voice is heard, and their priorities are identified and considered when putting a rehabilitation and care package together.

She is passionate about collaborating with other professionals across all sectors and can coordinate and lead an MDT with confidence. Adept at planning, implementing, evaluating and re-setting interventions and goals, Cath thinks creatively and outside the box when needed.

Managing a caseload of complex clients means Cath is highly organised and can shift priorities easily.

Cath is a friendly, compassionate professional whose ability to adapt her style to suit the client and their family has seen her develop and maintain relationships with challenging individuals during the most challenging of situations. She has excellent written and verbal communication skills which allow her to deliver timely, concise, and clear reports as well as informative and professional case management notes.

KEY SKILLS

- Fluent Welsh speaker
- Assessment of adults with complex needs
- Development of bespoke rehabilitation programmes
- Moving and handling
- Client and family support
- Adaptations and specialist equipment
- Cross sector working
- Service development

QUALIFICATIONS & PROFESSIONAL MEMBERSHIPS

- Bachelor of Science (Hons), Occupational Therapy
- Bachelor of Science (Hons), Complimentary Therapies
- Member of Royal College of Occupational Therapy
- Member of the Health and Care Professions Council (HCPC)
- Member of the British Association of Brain Injury Case Managers (BABICM)
- Introduction to British Sign Language (BSL)