



BEN FARNHAM

CASE MANAGER

Ben is an experienced Case Manager who has worked with clients, both pre and post settlement, including individuals with PTSD and mental health difficulties, Orthopaedic injuries, and Acquired Brain Injury.

He has 15 years' experience working as a Mental Health Nurse Practitioner in statutory services along every stage of the pathway, in multiple settings including adult acute mental health services and mental health rehabilitation.

Throughout his career, Ben has worked with challenging and often complex individuals with dual diagnoses, which have included ABI and substance misuse.

In addition, Ben was awarded a 1st Class BSc in Specialist Practice (Community Mental Health Nursing) which provided him with the opportunity to work for 12 months as a community psychiatric nurse.

Ben's previous experience as a case manager in the Cardiff NHS Trust Commissioning Team, where he had overall responsibility for the service user experience from referral to discharge, including individual needs assessment, funding applications, the commissioning and implementation of care packages has fed very nicely into his work as an independent Case Manager. He has specialist knowledge of the Continuing Healthcare framework, Residency Guidance, funding for '117 Aftercare' and the Mental Capacity Act.

Ben is an excellent communicator, able to foster positive relationships with clients and their families, along with other professionals. He can remain calm and objective when weighing up solutions and is confident in his decision making.

He has a sound knowledge of the litigation process and works collaboratively with solicitors, supporting clients and their families during this time.

Importantly, he is highly motivated, organised and flexible. Ben is comfortable working with complex and challenging clients and is skilled at developing and monitoring individualised, recovery focused care plans that are goal orientated. He works creatively with clients, taking a person-centred approach which allows them to reach their full potential. To support the rehab aims, Ben is a skilled people manager with experience of setting up care packages from recruitment onwards.

He enjoys and has experience of coordinating and leading multi-disciplinary teams. Ben has an in-depth knowledge and understanding of the roles and functions of other professionals and teams within mental health services, across the private, public and 3rd sectors.

Ben lives in the Bridgend area and is perfectly placed to travel across south Wales.

KEY SKILLS

- Ability to build and maintain positive relationships with challenging clients and their families
- Excellent listening skills and emotionally resilient
- A solution focused individual who has a can do, flexible approach
- 20 years post qualification experience working with individuals with complex mental health needs including dual diagnoses e.g. substance misuse, ABI and older adults
- Experience of reviewing and assessing needs
- Leadership and management skills
- Wide experience of developing and commissioning goal orientated, individualised care packages
- Local knowledge of commissioning process (including CHC funding) and local provision
- Leading multi-disciplinary teams and involving the client and their family throughout

QUALIFICATIONS & PROFESSIONAL MEMBERSHIPS

- BSc Mental Health Nursing 2008 -University of Northampton
- BSc Specialist Community Practitioner Award 2011 - University of Swansea
- Care Expert training
- Skills to Manage course
- Currently completing an MSC in Advanced practice at Cardiff University
- Registered with the Nursing and Midwifery Council as a Mental Health Nurse and a Community Mental Health Specialist Practitioner
- Member of BABICM
- Member of the RCN