



## BECKY RAD SMA

CASE MANAGER

Becky is a Case Manager and Mental Health Nurse with extensive experience, working with a diverse client group since 2008 across a variety of healthcare settings (inpatient and community) including learning disabilities, adolescents, ABI, older people, forensic, neuropsychiatry and rehabilitation services.

Becky is a calm, patient case manager able to build lasting therapeutic relationships with complex individuals. She adopts a positive and flexible approach to rehabilitation and care planning and is both enthusiastic and compassionate and used to working in an interdisciplinary way, with experience of coordinating and leading multi-disciplinary teams.

Becky has excellent communication skills and is a meticulous record keeper and report writer. She is a highly organised individual, essential when managing a portfolio of clients with shifting priorities and often challenging behaviour.

Alongside her independent case management, Becky works part-time as a clinician in a Specialist Personality Disorder Service. She provides clinical assessment, formulation and intervention to high-risk individuals with complex emotional difficulties. This is a consultative role, involving collaboration and partnership working across sectors and services.

Becky is currently developing a specialist nurse role to bridge the gap between child and adult services for young people presenting with an emerging personality disorder in addition to significant risk and complexity.

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### KEY SKILLS

- Welsh Speaker
- Experience of working with individuals with complex mental health needs including dual diagnoses; ABI, PTSD, ASD
- Ability to build and maintain positive relationships with challenging clients
- Excellent communication skills; verbal and written
- Positive and flexible approach to risk taking
- Significant experience of assessment and treatment formulation
- Goal setting and monitoring
- Working as part of an MDT
- Knowledge of local services across the statutory, private and voluntary sector

## **QUALIFICATIONS & PROFESSIONAL MEMBERSHIPS**

- Dialectical Behaviour Therapy (Intensive level with additional training for use with teens and substance use disorders)
- BN Nursing (Mental Health)
- BSc Psychology
- MSc Advanced Practice (Community Health Studies)
- Member of BABICM
- Member of the RCN