



Case  
Management  
Cymru



## **SAM MIGGINS**

CASE MANAGER

Sam is a highly experienced polytrauma Case Manager and physiotherapist who has worked extensively in the independent and statutory sector with both adults and children with Spinal Cord Injury (SCI), limb loss and musculoskeletal injury.

Before moving into the independent sector, Sam spent 16 years as a senior physiotherapist in a regional SCI Rehabilitation Centre, building an in-depth understanding of the complexities of SCI and polytrauma. Her expertise includes bladder and bowel function, pain management, respiratory care, skin integrity, musculoskeletal complications, autonomic dysreflexia, sexual function, orthoses and prostheses, as well as the psychological impact of life-changing trauma on individuals and their families.

As an independent Case Manager and physiotherapist, Sam is a well-regarded professional with a wealth of knowledge and experience working with a network of specialist orthotic and rehabilitation providers and integrating advanced technology into neuro rehabilitation. Sam also has a special interest in functional electrical stimulation and has worked widely with assistive technology.

Sam has extensive experience of multidisciplinary team working and takes a proactive, positive approach to rehabilitation, person-centred goal setting, managing challenging situations, and complex discharge planning. She has contributed to numerous CHC and local authority funding applications and works collaboratively across sectors.

She understands the complexities of the litigation process and working alongside a Court of Protection Deputy, and can support clients through what can often be a lengthy and challenging period.

She is approachable and empathetic, with the ability to manage sensitive and challenging conversations while maintaining strong, positive relationships with clients, families, and professionals. She also demonstrates excellent organisational and communication skills, enabling her to navigate complex situations with confidence and professionalism.

Sam has worked in partnership with care agencies to develop bespoke support packages for clients. She also brings people management and leadership experience, enabling her to recruit and manage directly employed care teams.

## **KEY SKILLS**

- Spinal cord injury and complex polytrauma, including limb loss and musculoskeletal injury
- Advanced technology, including FES
- Complex discharge planning
- Managing challenging individuals and situations
- Collaborative multidisciplinary team working
- Working with clients in litigation

## **QUALIFICATIONS, REGISTRATIONS AND MEMBERSHIPS**

- MSc Physiotherapy
- HCPC registered
- Member of Chartered Society of Physiotherapy (MCSP)
- Member of MASCP
- Member of the Association of Chartered Physiotherapists in Neurology (ACPIN)
- Expert Witness – Medico-Legal Neuro-Physiotherapy
- Member of BABICM
- IRCM registered