



## BECKY RAD SMA

CASE MANAGER

Becky is a Case Manager and Mental Health Nurse with extensive experience, working with a diverse client group since 2008 across a variety of healthcare settings (inpatient and community), with clients who have a range of cognitive, emotional and behavioural difficulties, including ABI, learning disabilities and mental health conditions. As a Case Manager, Becky also has experience of working with clients who have birth injuries, cerebral palsy, epilepsy, and orthopaedic injuries.

Becky is a calm, patient case manager able to build lasting therapeutic relationships with complex individuals. She adopts a positive and flexible approach to rehabilitation and care planning and is both enthusiastic and compassionate and used to working in an interdisciplinary way, with experience of coordinating and leading multidisciplinary teams.

Becky has excellent communication skills and is a meticulous record keeper and report writer. She is a highly organised individual, essential when managing a portfolio of clients with shifting priorities and often challenging behaviour. Becky has experience of working across the age range, from adolescents to older adults. She enjoys taking a creative and person-centred approach, considering aids and adaptations for both physical and communication differences.

Alongside her independent case management, Becky works part-time as a specialist clinician in a service for individuals who present with complex emotional needs and high-risk behaviours. She provides clinical assessment, formulation and intervention to individuals who may attract a diagnosis of personality disorder, which is often in addition to other conditions such as Autism, ADHD, PTSD/complex PTSD and learning difficulties. This is a consultative role, involving collaboration and partnership working across sectors and services, supporting others to work with complex presentations and to manage risk.

Becky is currently developing a specialist nurse role to bridge the gap between child and adult services for young people presenting with high risk to themselves. This involves coordinating support around the young person to ensure continuity of care during the transition period.

## **KEY SKILLS**

- Welsh Speaker
- Experience of working with individuals with complex mental health needs including dual diagnoses; ABI, PTSD, ASD
- Ability to build and maintain positive relationships with challenging clients
- Excellent communication skills; verbal and written
- Positive and flexible approach to risk taking
- Significant experience of assessment and treatment formulation
- Goal setting and monitoring
- Working as part of an MDT
- Knowledge of local services across the statutory, private and voluntary sector

## **QUALIFICATIONS, REGISTRATIONS AND MEMBERSHIPS**

- BSc Psychology
- MSc Advanced Practice (Community Health Studies)
- Dialectical Behaviour Therapy (Intensive level with additional training for use with teens and substance use disorders)
- BN Nursing (Mental Health)
- Member of the RCN
- Member of BABICM