



ALISTAIR BELL

BSc (Hons) Occupational Therapist

Since qualifying as an Occupational Therapist in 2014, Alistair has worked in community, inpatient rehabilitation, and acute settings with a wide range of clients; paediatrics, older adults, orthopaedics, TBI, SCI, dual diagnosis and learning disabilities.

Until 2023, Alistair was Major Trauma Rehabilitation Coordinator in Hywel Dda Health Board which saw him working in a fast-paced environment providing assessment, treatment, discharge coordination and funding applications. The role also called upon his listening skills and open mindedness when supporting individuals and/or families following catastrophic injury, critical/acute care and sudden death.

Alistair has a particular interest and takes an active role in coordinating SCI and head injury patients from emergency department through to the ward and back into the community for continued rehabilitation and long-term care.

Alistair has in depth experience of assessments, which include, functional, cognitive, sensory, seating and moving and handling. In addition, he has a particular interest and expertise in Mental Capacity assessments, along with home assessments for those with complex disabilities, accessing Disabled Facilities Grants (DFG's) and standard and non-standard aides and adaptations.

Although Alistair thrives when busy and thinking on his feet, he is a calm, patient professional who can quickly build therapeutic relationships with clients. As a case manager he is responsive and creative, enjoys working in an interdisciplinary way, setting and monitoring rehabilitation goals to maximise recovery and independence.

Alistair is an organised and motivated individual with good written and verbal communication skills who has experience of Supervising and the development and delivery of training.

Alistair lives in the Swansea area and is a Welsh learner, as well as representing Team GB in ice swimming.

Key Skills

- Working in challenging environments including forensic mental health
- MSc modules in neuro rehabilitation
- Special interest in MCA and social inclusion
- Assessment and goal setting
- Complex trauma and orthopaedics
- Decision making and problem solving
- Multi-disciplinary and inter-agency working
- Excellent communication skills

Qualifications/Professional Membership

- MSc in Occupational Therapy
- Bachelor of Science (Hons), Occupational Therapy
- Member of British Association of Occupational Therapy
- HCPC registered
- Member of BABICM