



Sian Johnson

Case Manager

Since qualifying as a Physiotherapist in 1999, Sian has worked at every point on the neurological pathway, from intensive care to in-patient rehabilitation. Between 2005 and 2022, Sian was a member of the Cardiff and Vale Community Brain Injury Team (CBIT).

CBIT provide community rehabilitation to individuals who have sustained an Acquired Brain Injury. The client group included those with polytrauma, so in addition to her training Sian has experience working with Spinal Cord Injury, MSK and amputees.

The team work in an interdisciplinary way with each therapist case managing a portfolio. Sian developed extensive knowledge and understanding of the full range of the effects of ABI and trauma; cognitive, behavioural, emotional, and physical. She understands the interplay between each and assesses and supports clients holistically.

Sian has worked with complex and challenging clients and is able to build and maintain a rapport with both the survivor and their family, understanding the impact of the injury on everyone.

Sian has worked widely with clients involved in litigation and/or where a Court of Protection Deputy has been appointed. She understands the process and the need to work in partnership with the client and the legal team to provide support and guidance during this stressful time.

She is a calm, friendly and highly organised professional who takes a person-centred approach to rehabilitation and is adept at setting, measuring, and monitoring meaningful goals. When developing a therapy programme she recognises the need for creativity and flexibility and gaining the 'buy in' of the client.

Keen to avoid duplication and to provide a seamless service, Sian liaises closely and successfully with the MDT and other services and professionals across all sectors.

Additionally, Sian has experience of setting up and managing private care packages and is a skilled people manager.

Sian lives in Cardiff with her young family and enjoys crafting in her limited spare time.



Key Skills

- Extensive experience of working with complex clients with ABI and their families as Key Worker and neuro physiotherapist
- Extensive experience of conducting assessments and developing goal orientated rehabilitation programmes
- Excellent communication skills
- Friendly and empathetic approach
- Liaising across sectors and services
- Coordinating and leading an MDT
- Training development and delivery
- Welsh speaker

Qualifications/Professional Membership

- BSc in Physiotherapy
- Member of Chartered Society of Physiotherapy
- HCPC registered
- BABICM registered
- NHS Leadership and Management Training