



BEN FARNHAM
Case Manager

Ben is an experienced Case Manager who has worked with clients, both pre and post settlement, including individuals with PTSD and mental health difficulties, Orthopaedic injuries, and Acquired Brain Injury.

He has 15 years' experience working as a Mental Health Nurse Practitioner in statutory services along every stage of the pathway, in multiple settings including adult acute mental health services and mental health rehabilitation.

Throughout his career, Ben has worked with challenging and often complex individuals with dual diagnoses, which have included ABI and substance misuse.

In addition, Ben was awarded a 1st Class BSc in Specialist Practice (Community Mental Health Nursing) which provided him with the opportunity to work for 12 months as a community psychiatric nurse.

In his role as a case manager in the Cardiff NHS Trust Commissioning Team, Ben had overall responsibility for the service user experience from referral to discharge, which included individual needs assessment, funding applications, the commissioning and implementation of care packages. He has specialist knowledge of the Continuing Healthcare framework, Residency Guidance, funding for '117 Aftercare' and the Mental Capacity Act.

Ben is currently working with the Mental Health and Learning Disability Collaborative Commissioning Service which involves the auditing and monitoring of out of area placements for the most complex and hard to place individuals. This has provided Ben with a unique opportunity to learn from services across the UK.

As an independent Case Manager, Ben is able to utilise skills and knowledge gained through his work in statutory services. He is an excellent communicator, able to foster positive relationships with clients and their families, along with other professionals. He can remain calm and objective when weighing up solutions and is confident in his decision making.

Importantly, he is highly motivated, organised and flexible. Ben is comfortable working with complex and challenging clients and is skilled at developing and monitoring individualised, recovery focused care plans that are goal orientated. He works creatively with clients, taking a person-centred approach which allows them to reach their full potential.

In both his statutory and independent work Ben has had the opportunity to develop his people management skills, including the recruitment of support staff.

He enjoys and has experience of coordinating and leading multi-disciplinary teams. Ben has an in-depth knowledge and understanding of the roles and functions of other professionals and teams within mental health services, across the private, public and 3rd sectors.

Ben lives in the Bridgend area and is perfectly placed to travel across south Wales.

Key skills

- Ability to build and maintain positive relationships with challenging clients and their families
- Excellent listening skills and emotionally resilient
- A solution focused individual who has a can do, flexible approach
- 15 years post qualification experience working with individuals with complex mental health needs including dual diagnoses e.g. substance misuse, ABI and older adults
- Experience of reviewing and assessing needs
- Leadership and management skills
- Wide experience of developing and commissioning goal orientated, individualised care packages
- Local knowledge of commissioning process (including CHC funding) and local provision
- Leading multi-disciplinary teams and involving the client and their family throughout

Professional Qualifications and Memberships

- BSc Mental Health Nursing 2008 -University of Northampton
- BSc Specialist Community Practitioner Award 2011 - University of Swansea
- Skills to Manage course
- Currently completing an MSC in Advanced practice at Cardiff University
- Registered with the Nursing and Midwifery Council as a Mental Health Nurse and a Community Mental Health Specialist Practitioner
- Member of BABICM
- Member of the RCN